

INSTRUCTORS TRAINING TIMETABLE

November

- The RPX Method - 16th, 17th, 18th November
The RPX Method (understanding movement dysfunction and its relationship to motor control re patterning): 9 CEC's with Fitness Australia

December

- RPX Reformer - 7th, 8th, 9th December
RPX Reformer: 15 CEC's with Fitness Australia

February

- The RPX Method - 9th & 10th February
The RPX Method (understanding movement dysfunction and its relationship to motor control re patterning): 9 CEC's with Fitness Australia
- RPX Reformer - 16th & 17th February
RPX Reformer: 15 CEC's with Fitness Australia
- RPX Tractable - 23rd & 24th February
RPX Tractable: 15 CEC's with Fitness Australia

March

- The RPX Mat - 16th & 17th March
The RPX Mat (understanding movement dysfunction and its relationship to motor control re patterning): 9 CEC's with Fitness Australia
- The RPX Method - 23rd & 24th March
The RPX Method (understanding movement dysfunction and its relationship to motor control re patterning): 9 CEC's with Fitness Australia

April

- RPX Reformer - 6th & 7th April
RPX Reformer: 15 CEC's with Fitness Australia
- RPX Tractable - 20th & 21st April
RPX Tractable: 15 CEC's with Fitness Australia

May

- The RPX Method - 11th & 12th May
The RPX Method (understanding movement dysfunction and its relationship to motor control re patterning): 9 CEC's with Fitness Australia
- RPX SurfSet - 18th & 19th May
RPX SurfSet: 6 CEC's with Fitness Australia

June

- The RPX Mat - 8th & 9th June
The RPX Mat (understanding movement dysfunction and its relationship to motor control re patterning): 9 CEC's with Fitness Australia
- RPX Reformer - 22nd & 23rd June
RPX Reformer: 15 CEC's with Fitness Australia

July

- The RPX Method - 6th & 7th July
The RPX Method (understanding movement dysfunction and its relationship to motor control re patterning): 9 CEC's with Fitness Australia